**CLOTH FEMININE PAD PATTERN**

Materials List

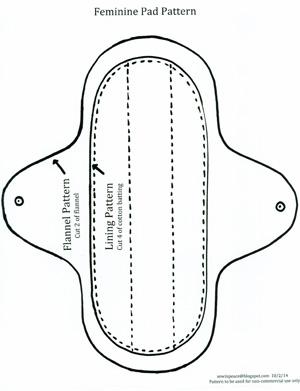
1 yard lightweight flannel fabric (will make approx. 10-12 pads)

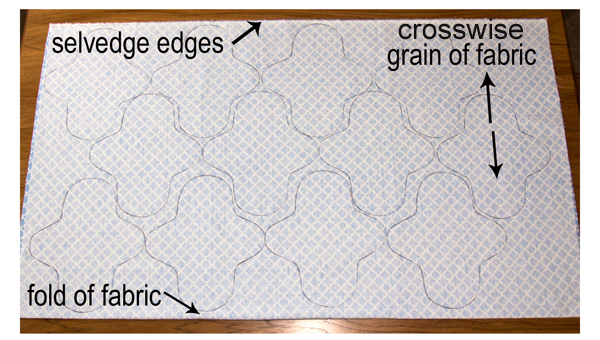
1/2 yard low loft cotton quilt batting (ex: ["Warm & Natural"](http://www.joann.com/warm-natural-cotton-batting-queen-90-x108-/xprd780430/))

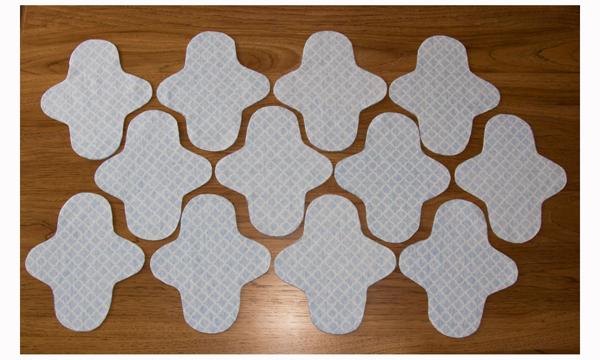
Size 14 (Denim) needle

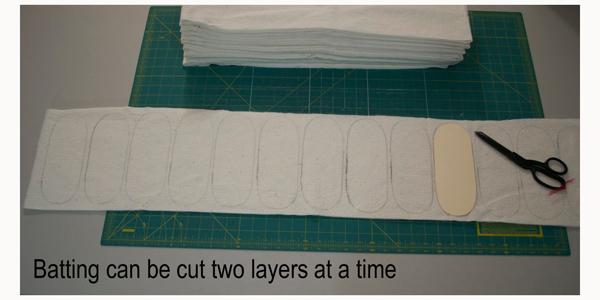
**FEMININE PAD - CUTTING INSTRUCTIONS**











1

**FEMININE PAD - SEWING INSTRUCTIONS**





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2





**3**

Additional tips and techniques can be found at [sewinpeace@blogspot.com](mailto:sewinpeace@blogspot.com)

**Pattern to be used for non-commercial use only. Updated 8/3/16**