**CLOTH FEMININE PAD PATTERN**

Materials List

1 yard lightweight flannel fabric (will make approx. 10-12 pads)

1/2 yard low loft cotton quilt batting (ex: ["Warm & Natural"](http://www.joann.com/warm-natural-cotton-batting-queen-90-x108-/xprd780430/))

Size 14 (Denim) needle

**FEMININE PAD - CUTTING INSTRUCTIONS**

 









1

**FEMININE PAD - SEWING INSTRUCTIONS**





****

2





  

**3**

Additional tips and techniques can be found at sewinpeace@blogspot.com

**Pattern to be used for non-commercial use only. Updated 8/3/16**